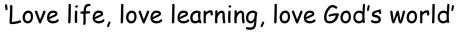


## Rumboldswhyke Newsletter 28th January 2022 Part of the Bishop Luffa Learning Partnership



office@rumboldswhyke.org.uk 01243 782368

Head of School: Mrs Lisa Harris head@rumboldswhyke.org.uk



As I drove to work this morning the sky was a beautiful array of colours which made me reflect on our motto: 'Love life, love learning and love God's world.' It demonstrates our vision of creating an environment where children embrace ' life in all its fullness' John 10:10.

My photograph reveals what a truly beautiful world we live in! This view instilled a sense of hope that things are looking brighter. Hopefully, we have navigated through Covid and Chicken Pox and we can start to see an easing of restictions.



### Covid and Chicken Pox updates

As per the email sent on Tuesday, we had three cases of Covid confirmed at the beginning of the week and three cases of Chicken Pox. Thankfully we have had no further cases since Tuesday although two children have been collected today with a few spots. We will of course keep you updated if we are made aware of any further cases.

If your child tests positive for Coronavirus over the weekend or develops Chicken Pox, please do keep us informed by emailing: office@rumboldswhyke.org.uk



#### Reading

Reading is one of our top priorities in school. Reading allows us to be transported to other worlds, learn about cultures entirely different from our own and opens up all areas of the curriculum. We learn new words and phrases, experience a range of emotions and acquire skills and knowledge.

To help your child become a fluent reader they need to practise often, ideally every day.

To help your child develop their comprehension and build their vocabulary they need to be read to every day and+ given the opportunity to discuss word choices and meaning. Therefore, we need your help.

Practising little and often really makes a difference. All children bring home their reading book to practise each day. Reception children also have additional phonic and blending practise on Seesaw and some children in Red Class have their word games to play daily.

#### Reminders

- Only water in water bottles please. An important part of the curriculum is dental health. Dentists recommended that children only drink water, particular when in a water bottle.
- There should be no chocolate bars unless they contain wafers or biscuits, and no sweets in lunch boxes please.



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### **Tiredness**

We have noticed that as children and adults return from Covid they are increasingly tired. It may take a while to build back up their energy levels. The following website has some good tips to help with a bedtime routine and to encourage rest.

https://www.sleepfoundation.org/school-and-sleep/back-to-school-sleep-tips

### What Is a Good Bedtime Routine?

Winding down at the end of the day can help children sleep well and prepare for school the next day. A good bedtime routine includes relaxing activities, such as:

- Taking a warm bath/shower
- Brushing teeth and washing up
- Cuddling with a parent
- Singing Iullabies
- Reading with a parent or individually



### Important Reminder

There should be **no** parking outside of the school gates. **Yellow zig-zag** lines outside schools, hospitals, fire, police or ambulance stations indicate the length of road where stopping or waiting is strictly prohibited. The Highway Code states that you should keep these areas clear of stationary vehicles, even if picking up or setting down children.

Traffic Wardens have visited this week and we do not want any of our families to receive a fine.

Best wishes,

Lisa Harris