



## Newsletter 9<sup>th</sup> January 2026

Dear Rumboldswyke families,



Happy New Year and welcome back to the start of a new term! We hope you all had a relaxing and enjoyable Christmas break and were able to spend some special time with family and friends.

Thank you very much for the kind cards, gifts and generous well wishes received at the end of last term. They were truly appreciated and meant a great deal to the team.

The children have settled back into school life brilliantly this week, and we are looking forward to an exciting term ahead filled with new learning opportunities and experiences. As always, thank you for your continued support. It makes a real difference.

We wish you all a happy and healthy New Year and look forward to working with you over the coming weeks.

### PE / Forest School Timetable

Please note there have been some slight changes to this term's PE and Forest School sessions. Please check the timetable at the end of this newsletter for full details.

### Swimming Lessons

A final reminder that Red Class begin swimming lessons next Monday 12<sup>th</sup> January.



If you have not already done so, please ensure you have given consent for your child to attend before 8am on Monday morning. Children will be leaving promptly at 9am and unfortunately, if we have not received consent your child will be unable to attend next week's session.

Payments and instalments can continue to be made as you are able through the Arbor Parent Portal / Arbor App.

### Reminder – Earrings

If your child has their ears pierced, they are allowed to wear simple studs. However, these studs should be removed for PE and swimming. This is in accordance with the association for Physical Education (afPE). Earrings should be removed and left at home on PE days. If children are to have their ears pierced, this should be at the beginning of the Summer holidays so their earrings can be removed by the time they return in September. No other jewellery or other fabric braded style accessories are allowed. Children should not wear make up to school. This includes nail varnish.

### Parent workshop

Just a reminder we will be running our next parent workshop on **Wednesday, 28th January at 2pm**. This session will be focusing on **healthy eating, sleep routines, and dental hygiene**, offering practical tips to support your child's wellbeing at home.

**Aimed at:**  
Reception class and primary, but it does include information on adolescent sleeping.

**Content:**  
This session highlights the importance of good nutrition, consistent sleep routines, and dental hygiene. Using a highly visual approach, the workshop introduces each of these three key areas, and provides time for parents to ask questions and share their experiences. Screen time is also discussed.

The flyer includes two photographs: one of a young girl smiling and another of a child sleeping.



If you would like to sign up for the workshop please complete the google form below as soon as possible.

<https://forms.gle/rGcWrWEukq662b3f7>

A reminder of our after-school clubs running next term. Please see the previous email sent to parents for full details regarding clubs and how to sign up.

### Spring Term 2026

After School Club	Day	Time	Dates
Creation Station	Mondays	3:15 - 4:15pm	12 <sup>th</sup> Jan - 9 <sup>th</sup> Feb
Drama Club	Tuesdays	3:15 - 4:15pm	13 <sup>th</sup> Jan - 24 <sup>th</sup> March
Dance Club	Wednesdays	3:15 - 4pm	14 <sup>th</sup> Jan - 25 <sup>th</sup> Feb
Taskmaster Club	Wednesdays	3:15 - 4:15pm	14 <sup>th</sup> Jan - 25 <sup>th</sup> March
Goal Getters	Thursdays	3:15 - 4:15pm	8 <sup>th</sup> Jan - 12 <sup>th</sup> Feb

"These workshops are tailored for co-delivery with your school, allowing you to facilitate them independently within your school community. Each session is approximately 30 to 45 minutes long and is designed to be presented to a group of about 10 to 15 parents, selected collaboratively with the school and your Dedicated Schools Team (DST) link worker. The school will coordinate and host these workshops.

The series is intended to empower parents with practical knowledge and strategies to support their children's emotional, social, and physical development. Each session focuses on a specific topic to support parents, offering insights, tools, and opportunities for discussion."

Early Help Dedicated Schools Team

With warmest wishes,  
Lisa Harris



## PE / Forest School Timetable (Spring Term 2026:

Please see the timetable below for PE lessons, Swimming Lessons and Forest School sessions for the first half of the Spring Term 2026.

On days where your child / children have PE or swimming lessons, all children (except Reception) may come to school wearing their PE Kit. Swimming costumes or shorts should be worn underneath



For children attending Forest School, sessions will happen whatever the weather, so it is important they come

prepared. Please provide a change of clothes that can get dirty in a named bag, as well as sturdy shoes or wellies, and waterproof jackets and trousers as needed.

### Spring Term 1 2026

	PE	Swimming	Forest School
<b>Monday</b>	Blue Class Yellow Class	Red Class	
<b>Tuesday</b>	Yellow Class		
<b>Wednesday</b>	Red Class Green Class		
<b>Thursday</b>	Blue Class Green Class		Yellow Class* (22 <sup>nd</sup> , 29 <sup>th</sup> Jan & 5 <sup>th</sup> Feb)
<b>Friday</b>	Red Class		

\*Please note the dates on which Yellow Class have their Forest School Sessions. Blue, red and green Class will have Forest School sessions in the second half of the Spring term.

### January 2026

5 <sup>th</sup> Jan	First day back after Christmas Holidays
6 <sup>th</sup> Jan	Open morning for prospective Sept 2026 parents
12 <sup>th</sup> Jan	Swimming Lessons (Red Class)
19 <sup>th</sup> Jan	Swimming Lessons (Red Class)
26 <sup>th</sup> Jan	Swimming Lessons (Red Class)
28 <sup>th</sup> Jan	Parent Workshop (2pm)

### February 2026

2 <sup>nd</sup> Feb	Swimming Lessons (Red Class)
9 <sup>th</sup> Feb	Swimming Lessons (Red Class)
16 <sup>th</sup> - 20 <sup>th</sup>	Half Term Break
Feb	
23 <sup>rd</sup> Feb	INSET Day (no children in school)



## **Term Dates**

### **Autumn Term 2025**

Wednesday 3<sup>rd</sup> September – Friday 19<sup>th</sup> December  
Half Term - Monday 27<sup>th</sup> – Friday 31<sup>st</sup> October

INSET Day Wednesday 3<sup>rd</sup> September – children not in school  
Children's first day of school will be Thursday 4<sup>th</sup> September

### **Spring Term 2026**

Monday 5<sup>th</sup> January – Friday 27<sup>th</sup> March  
Half Term – Monday 16<sup>th</sup> – Friday 20<sup>th</sup> February

INSET Day Monday 23<sup>rd</sup> February – children not in school

### **Summer Term 2026**

Monday 13<sup>th</sup> April – Wednesday 22<sup>nd</sup> July  
Half Term – Monday 25<sup>th</sup> – Friday 29<sup>th</sup> May

Please note we are still in the process of organising the remaining 3 INSET days for the next academic year and will share these dates with you as soon as we can.