

Rumboldswyke Church of England Infants' School

Tuesday 5th February 2019

Keeping safe online at home

- Start setting some boundaries; even at this early age ... it's never too early to do things like setting limits for the amount of time they can spend on the computer.
- Buy or download parental control software, switch it on and keep it updated. There are many versions on the market, which work in different ways and available at a range of prices, starting at free.
- The big four Internet Service Providers (ISPs) give their customers free parental controls which can be activated at any time. Check them out and take advantage of them.
- Agree a list of websites your child is allowed to visit and the kind of personal information they shouldn't reveal about themselves online, such as the name of their school or their home address.
- Set time limits for activities such as using the internet and games consoles.
- Make sure your child is accessing only age-appropriate content by checking out the age ratings on games, online TV, films and apps.
- Discuss with your older children what they should or shouldn't be showing their younger siblings on the internet, mobile devices, games consoles and other devices.
- Discuss with other parents subjects such as what age to buy children devices that connect to the internet.
- Don't be pressured by your child into letting them use certain technologies or view certain online content, if you don't think they are old enough or mature enough... no matter how much they pester you or what their friends' parents allow.
- Make sure devices like your mobile, tablet or laptop are out of reach. Set up passwords/PINs and make sure you keep these details to yourself.
- Share your technology rules with grandparents, babysitters and your child's friends' parents so that they know what to do when looking after your child.
- When using public WiFi - for example in cafés or hotels - remember that it might not include parental controls. Innocently letting your child play with your mobile or tablet while you're enjoying a latte may result in them accessing inappropriate content or revealing personal information.
- If you have a family computer or tablet, set the homepage to an appropriate website such as CBeebies