

Rumboldswyke Church of England Primary School

Part of the Bishop Luffa Learning Partnership

'Love life, love learning, love God's world'

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Year 1 Curriculum Letter – Spring Term – Mrs Toy and Mrs Wilson

Welcome back to the new term! We hope you all had a relaxing and peaceful Christmas and enjoyed spending time with family and friends.

This half term, we will be learning about where our food comes from. We will be exploring how to keep healthy and talk about different factors that support our overall health and well-being, such as healthy eating, regular physical activity and toothbrushing. Please read below to find out what else we will be learning this half term.

English

We will regularly reinforce the Set 2 sounds whilst continuing with the Set 3 sounds. We will increase the number of tricky words that we can read and spell. We will read, hear and discuss a range of stories and non-fiction texts about food and where food comes from. We will learn about the features of instructional texts. We will apply our phonics knowledge to write: a set of instructions and a character description.

Quality texts which will be used to enhance learning:



Computing

We will learn to use the pictogram element of the J2E program to find out which fruit is the most popular in our class. Then we will make our own pictograms after collecting class votes.

Where does our food come from?



PSHE

We will reflect on the following statements:
I know everyone is different in my class.
I know I am different.
I can make friends with anyone.

Maths

- Recognise and name 2D and 3D shapes.
- Sort 2D and 3D shapes.
- Make patterns with 2D and 3D shapes.

Shape:

Place Value to 20:

- Count forwards and backwards and write numbers to 20 in numerals and words.
- Place value of numbers 11-20 focusing on how many tens and ones.
- Count one more and one less.
- Compare groups of objects.
- Compare numbers using $<$, $>$, and $=$ symbols.
- Order groups of objects.
- Order numbers.

Design Technology

Design: communicate our ideas through talking and drawing.

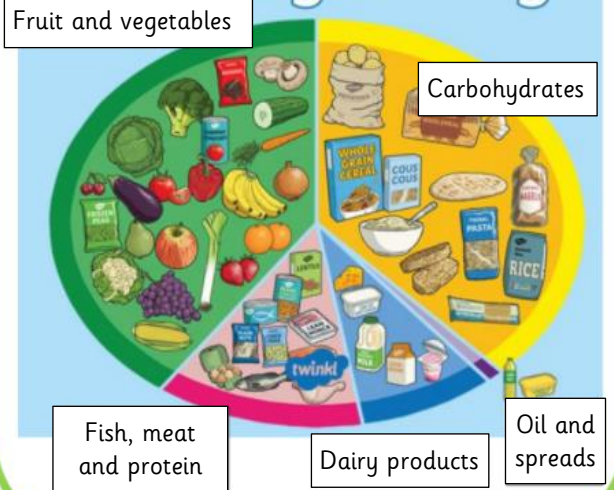
Make: use the basic principles of a healthy and varied diet to prepare dishes and understand where food comes from. Cut, peel or grate ingredients safely and hygienically.

Evaluate: evaluate our ideas and products against our design criteria.

Vocabulary

balanced diet	food source	peel
carbohydrates	grate	protein
chop	healthy	sugar
exercise	hygiene	unhealthy
fruit	ingredients	vegetables
fitness	junk food	well-being

Healthy Eating



Where does our food come from?

We can get our food from vegetable plots/allotments, farms, food banks, markets, shops or supermarkets. Have a think about where different foods come from... Apples come from trees. Bacon and ham come from pigs. Eggs come from hens, ducks and geese.

Looking after yourself




Our bodies are clever, but we need to look after them to help us to stay happy and healthy. There are lots of things we can do to help look after ourselves:



How can we prepare different fruits and vegetables?



Ideas for supporting your child's learning:

-  Read with your child (and to your child!) every day – make it a part of your daily routine; be it at breakfast time, bedtime or somewhere in between. It makes a HUGE difference to their confidence and enjoyment!
-  Practice number bonds to 10 with your child. These are all the different pairs of numbers to make 10: 0 +10, 1+9, 2+8, 3+7, 4+6, 5+5.
-  Keep an eye out on SeeSaw for the next home discussion challenge which includes things to talk about as a family. Please do spend some time together as a family, asking and answering the discussion questions.

With very best wishes,
Mrs Toy and Mrs Wilson