

# Rumboldswyke Church of England Primary School

Part of the Bishop Luffa Learning Partnership

'Love life, love learning, love God's world'

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## Year R Curriculum Letter – Spring Term – Mrs Wilson and Mrs Harris

Welcome back to the new term! We hope you all had a relaxing and peaceful Christmas and enjoyed spending time with family and friends.

This half term, we will be learning about where our food comes from. We will be exploring how to keep healthy and talk about different factors that support our overall health and well-being, such as healthy eating, regular physical activity and toothbrushing. We will explore ways in which Lunar New Year is celebrated around the world. Please read below to find out what else we will be learning this half term.

### **Literacy – Reading, Writing and Comprehension**

In **phonics**, as well as reinforcing the single Set 1 sounds, we have started to learn Set 2 sounds. We will be learning the following digraphs: ay, ee, igh, ow, oo, ar and or. We call these 'Special Friends' (2 letters that make one sound).



#### **Reading:**

We will use our phonics to help us read VC, CVC and CVCC words.

VC words: at, it, is, on, up.

CVC words: mum, dad, dog, pin, sat.

CVCC words: milk, hump, sand.

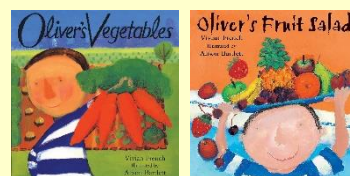
(V = Vowel, C = Consonant)

We will learn to read these tricky words: 'I', 'the', 'to', 'go', 'no' 'put' 'you'.

#### **Writing:** We will:

- begin to orally compose a caption/sentence and hold it in memory before attempting to write it.
- learn to write from left to right and top to bottom.

### **Quality texts which will be used to enhance learning:**



We will also be using a range of non-fiction books about food and Lunar New Year.

### **Understanding the World**

We will learn about where different foods come from.

We will explore and talk about the differences between materials and changes that we notice, e.g. ice to water.

### **Where does our food come from?**



### **Expressive arts and design**

Attaching/modelling – Glue stick, PVA glue, spreaders, Sellotape, masking tape.  
Joining different media and creating new effects.  
Key words: cut, attach, spread.  
Tools: scissors, glue spreaders, staplers, hole punches.

### **Physical Development**

We will develop their small motor skills so that they can use a range of tools competently, safely and confidently, such as scissors and knives.

### **Maths** – The children will learn to:

Partition and combine 5 in different ways.  
Subitise to 5.  
Count groups of objects by touching each object as they count and recognise the final number they say is the total.  
Explore one more and one less.  
Explore odd and even numbers.

### **Personal, Social and Emotional Development**

We will reflect on the following statements:  
I know everyone is different in my class.  
I know I am different.  
I can make friends with anyone.



## Knowledge Organiser:

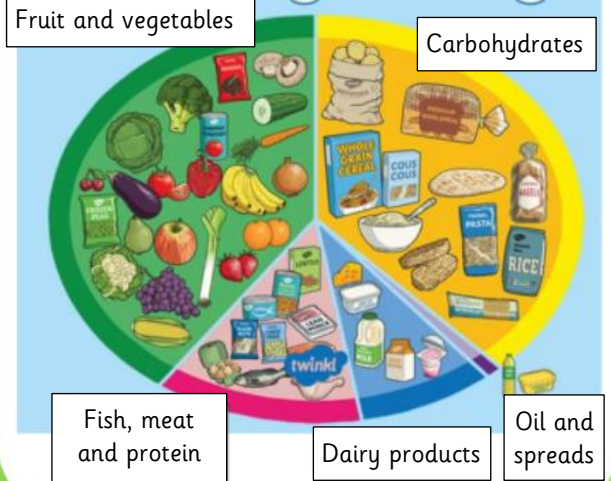
### Vocabulary

balanced diet	food source	peel
carbohydrates	grate	protein
chop	healthy	sugar
exercise	hygiene	unhealthy
fruit	ingredients	vegetables
fitness	junk food	well-being

### Where does our food come from?

We can get our food from vegetable plots/allotments, farms, food banks, markets, shops or supermarkets. Have a think about where different foods come from... Apples come from trees. Bacon and ham come from pigs. Eggs come from hens, ducks and geese.

## Healthy Eating



### Looking after yourself

Our bodies are clever, but we need to look after them to help us to stay happy and healthy. There are lots of things we can do to help look after ourselves:



### How can we prepare different fruits and vegetables?



### Ideas for supporting your child's learning:



We will regularly send home some words via SeeSaw for your child to read. Can they segment and then blend the sounds to read the word? Can they verbally put the word into a sentence?



Read with your child (and to your child!) every day – make it a part of your daily routine; be it at breakfast time, bedtime or somewhere in between. It makes a HUGE difference to their confidence and enjoyment!

With very best wishes,  
Mrs Wilson and Mrs Harris